

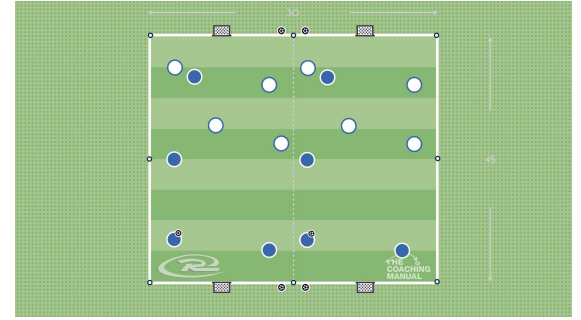
Bantam Division: 3v3 / 4v4 To Small Goals To Introduce Shielding

Written by Rush Soccer

20 mins 14 players 8 balls 14 bibs 8 cones
30 x 45 area

GAME PHASE & COLLECTIVE ACTION

ATTACKING, PROGRESS: Possession to Progress. Unbalance disorganize opponent to advance the ball forward with distinct advantage.



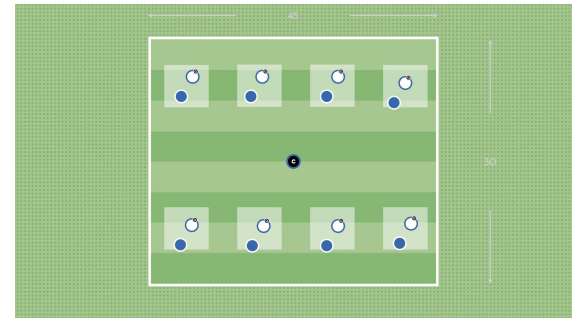
Bantam Division: Shielding In Boxes

Written by Rush Soccer

10 mins 14 players 8 balls 14 bibs 8 cones
30 x 45 area

RUSH WAY

Application of the eight principles of the Rush Blue Thread. Player Acknowledgement and Greetings are expected. Style Of Play (attack oriented). Formation: 2-3-1 to ease transition onto 2-4-2 and then 3-5-2. Player Position (players experience different positions)



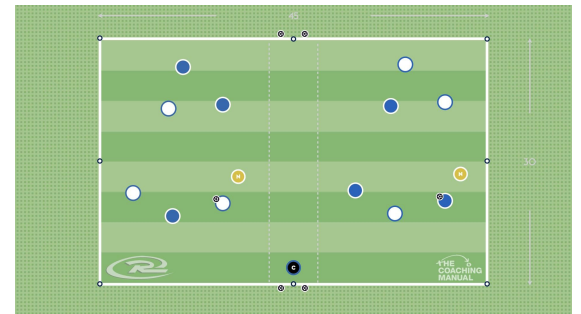
Bantam Division: Attacking, Progress - Shielding Through A 3v3 + 1 Neutral (Or 2) Keep Away

Written by Rush Soccer

15 mins 14 players 8 balls 14 bibs 8 cones
30 x 45 area

RUSH WAY

Application of the eight principles of the Rush Blue Thread. Player Acknowledgement and Greetings are expected. Style Of Play (attack oriented). Formation: 2-3-1 to ease transition onto 2-4-2 and then 3-5-2. Player Position (players experience different positions)



Bantam Division: Shielding In A 7v7 Scrimmage

Written by Rush Soccer

30 mins 14 players 4 balls 14 bibs 8 cones
Full 7v7 Pitch area

RUSH WAY

Application of the eight principles of the Rush Blue Thread. Player Acknowledgement and Greetings are expected. Style Of Play (attack oriented). Formation: 2-3-1 to ease transition onto 2-4-2 and then 3-5-2. Player Position (players experience different positions)

