

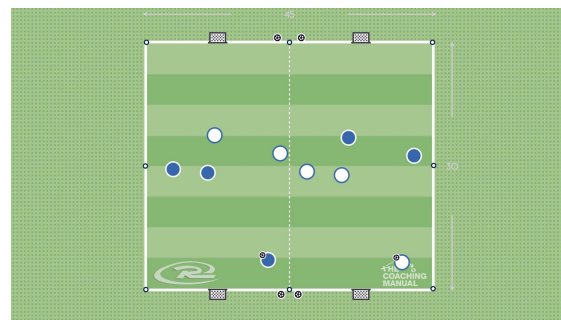
Bantam Division: 3v2's To Block Shots

Written by Rush Soccer

20 mins 10 players 10 balls 10 bibs 8 cones
30 x 45 area

GAME PHASE & COLLECTIVE ACTION

Defending, Deny The Finish: Prevent opponent from scoring goals.



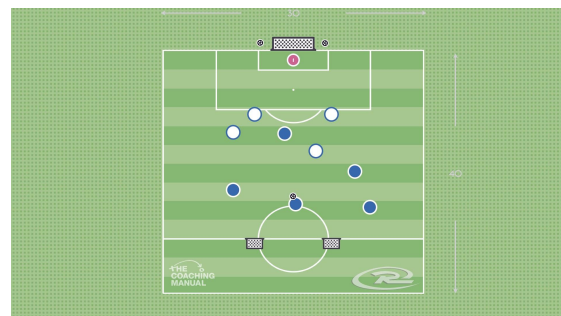
Bantam Division: 5v4 + GK To Block Shots

Written by Rush Soccer

20 mins 10 players 8 balls 10 bibs 8 cones
40 x 30 area

ORGANIZATION & DESCRIPTION

Make a 40 x 30 field in two thirds of a 7v7 full size field (they are about 60 x 40 yards), cutting the width about five yards from each sideline (IMPORTANT: don't move the activity to a side to reduce the width, keep it centered reducing a couple yards in both sidelines).



Bantam Division: 5v5 Scrimmage To Block Shots

Written by Rush Soccer

30 mins 10 players 8 balls 10 bibs 8 cones
40 x 30 area

ORGANIZATION & DESCRIPTION

Add a second goal now to your 40 x 30 field in two thirds of a 7v7 full size field (they are about 60 x 40 yards), cutting the width about five yards from each sideline (IMPORTANT: don't move the activity to a side to reduce the width, keep it centered reducing a couple yards in both sidelines). If you count on full 7v7 field, it would be even better if you centered this activity to play box to box, same width as before.

