

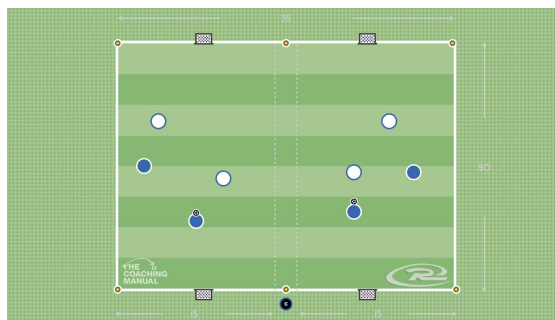
Micro Division: Attacking, Progress - Dribbling 1v1 / 2v2 / 3v3

Written by Rush Soccer

20 mins 8 players 8 balls 8 bibs 8 cones
35 x 20 area

GAME PHASE & COLLECTIVE ACTION

Attacking, Progress: Unbalance/disorganize opponent to advance the ball forward with distinct advantage.



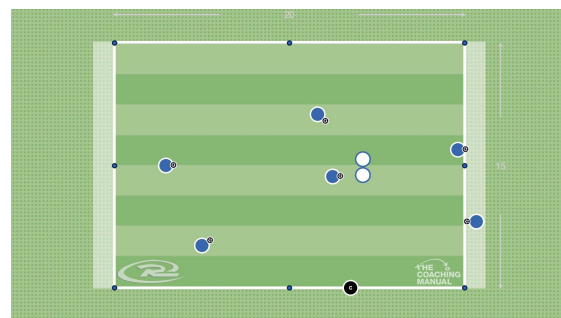
Micro Division: Attacking, Progress - Dribbling & Cooperating Through A Snake Tag Game

Written by Rush Soccer

20 mins 8 players 8 balls 8 bibs 6 cones
20 x 15 area

KEY COACHING POINTS

- Running With The Ball
- Cooperation & Communication



Micro Division: Attacking, Progress - Dribbling Through A 3v3 (U6) / 4v4 Scrimmage

Written by Rush Soccer

25 mins 8 players 8 balls 8 bibs 8 cones
35 x 20 area

RUSH WAY

Application of the eight principles of the Rush Blue Thread. Player Acknowledgement Expected. Greetings. Style Of Play (we want to score goals!). Player Position (by not having positions).

