

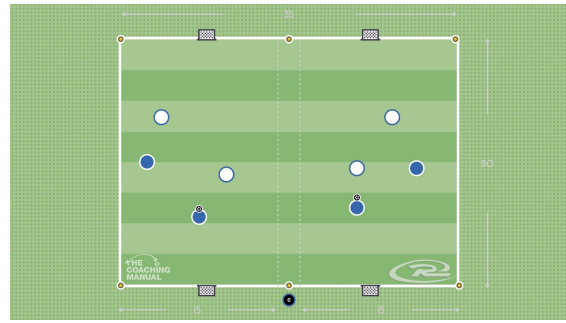
Micro Division: Attacking, Progress - Receiving In 2v2 or 3v3

Written by Rush Soccer

20 mins 8 players 8 balls 8 bibs 6 cones
35 x 20 area

GAME PHASE & COLLECTIVE ACTION

Attacking - Progress: Unbalance disorganize opponent to advance the ball forward with distinct advantage.



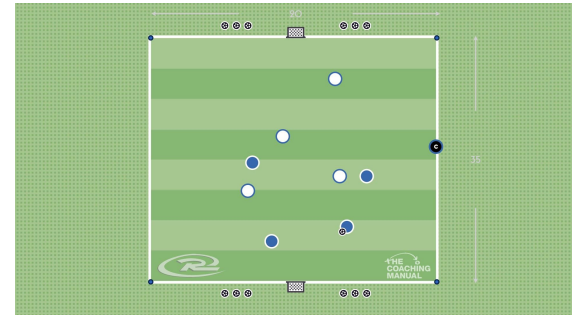
Micro Division: Attacking - Progress - Receiving Passes To Score Goals

Written by Rush Soccer

20 mins 8 players 8 balls 8 bibs 8 cones
35 x 20 area

RUSH WAY

Application of the eight principles of the Rush Blue Thread. Player Acknowledgement Expected. Greetings. Player Position (by not having positions).



Micro Division: Attacking, Progress - Receiving Through A 4v4 Scrimmage

Written by Rush Soccer

20 mins 8 players 8 balls 8 bibs 8 cones
35 x 20 area

OBJECTIVE

Improve your players capacity to receive the ball.

