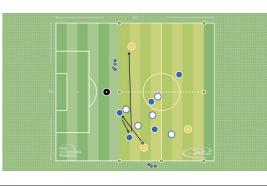
Youth Division: 4 Zones Game To Drag & Switch

Written by Rush Soccer

20 mins13 players10 balls13 bibs10 cones30L x 44W area

GAME PHASE & COLLECTIVE ACTION

Progress: Possession To Progress. Unbalance disorganize opponent to advance the ball forward with distinct advantage.



Youth Division: 6v6 To 4 Small Goals To Combine To Drag & Switch

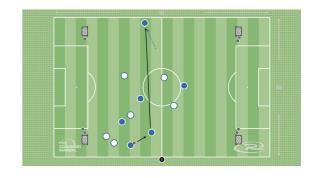
Written by Rush Soccer

 20 mins
 12 players
 10 balls
 12 bibs

 10 cones
 50L x 55W area

ORGANIZATION & DESCRIPTION

Box to Box of a 9v9 field (about 50L x 55-60W). Set four small goals wide and next to the top of the boxes and play a 6v6 game to apply the concepts learned in previous stages of the session.



Youth Division: 9v9 Scrimmage For Spacing & Combinations To Drag & Switch

Written by Rush Soccer

30 mins	18 players	10 balls	18 bibs
10 cones	Full 9v9 field (Or Box To Box	Of An 11v11 Field area

ORGANIZATION & DESCRIPTION

In a full 9v9 field or box to box of an 11v11 field, play a scrimmage with normal rules of the game and check for understanding and application of concepts introduced in previous stages of the session. Coach on the flow as much as possible and taking advantage of natural stoppages.

