

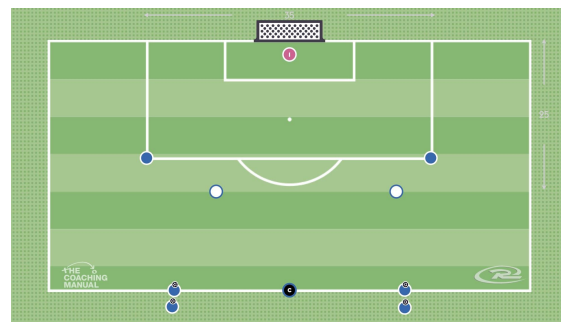
## Youth Division: Opposed Wall Pass Warm Up To Attack The Goal

Written by Rush Soccer

15 mins    14 players    12 balls    14 bibs  
25 x 30 (9v9 box) area

### ORGANIZATION & DESCRIPTION

On front of the penalty box, make two lines of players each with a ball, ask two players without a ball to place themselves inside the box on opposite sides, two players to start wearing a different color and play as defenders, and one to be the goalkeeper.



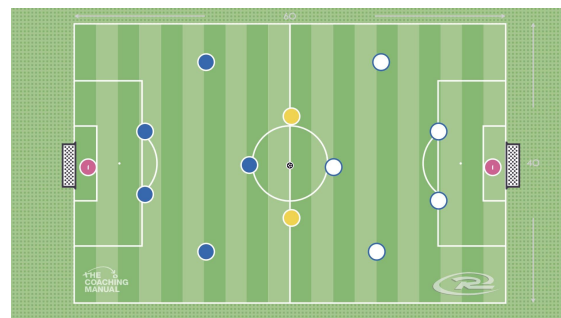
## Youth Division: Wall Passes In A 6v6+ 2N Scrimmage

Written by Rush Soccer

30 mins    14 players    10 balls    14 bibs    8 cones  
60 x 40 approx area

### ORGANIZATION & DESCRIPTION

On a 60 x 40 field playing 6v6 + 2 neutrals that always help the team in possession. This is a man marking activity. Assign an opponent to each player. Teams play 3 touches and the neutrals can only pass back to the same player (forcing wall passes). Play in intervals of 10 minutes.



## Youth Division: Wall Passes In A 7v7 Scrimmage

Written by Rush Soccer

35 mins    14 players    10 balls    14 bibs    8 cones  
60 x 40 approx area

### ORGANIZATION & DESCRIPTION

Split the teams now in two 7 a side teams and let them play the game. Start the game with the same three touches condition for 10 minutes and check for application of wall passes and combinations practiced before. After these 10 minutes, remove all conditions, let them play freely and keep observing for understanding of the session concept.

